

MARATHON CHAMPIONSHIPS

Date of event: 11 March 23

ROSSING

SWAKOP STRIDERS

OVERALL

11 March 23

42KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME & MIN/KM	CATEGORY	GENDER
1	42KM	Rainhold	Tomas Hilifa	02:14:08.79 (3:10)	(32) OPEN	1 OF 75 (M)
2	42KM	Kondjashili	Kefas	02:16:46.16 (3:14)	(30) OPEN	2 OF 75 (M)
3	42KM	Nghilyeendele	Ndahangwanasho	02:23:30.35 (3:24)	(29) OPEN	3 OF 75 (M)
4	42KM	Shipingana	Simon	02:35:50.78 (3:41)	(45) VETERAN	4 OF 75 (M)
5	42KM	Haufiku	Henock	02:38:33.47 (3:45)	(25) OPEN	5 OF 75 (M)
6	42KM	Nepembe	Eliander	02:40:39.18 (3:48)	(30) OPEN	6 OF 75 (M)
7	42KM	Cwi	Piet	02:40:51.26 (3:48)	(23) OPEN	7 OF 75 (M)
8	42KM	Armas	Alina	02:44:33.24 (3:53)	(39) OPEN	1 OF 40 (F)
9	42KM	Kephas	Gebhard	02:45:37.47 (3:55)	(31) OPEN	8 OF 75 (M)
10	42KM	Trollope	Les	02:46:47.77 (3:57)	(36) OPEN	9 OF 75 (M)
11	42KM	Haimbodi	Petrus	02:51:09.00 (4:03)	(27) OPEN	10 OF 75 (M)
12	42KM	Josef	Jakob	02:56:39.76 (4:11)	(21) OPEN	11 OF 75 (M)
13	42KM	Dreyer	Risa	02:57:37.09 (4:12)	(34) OPEN	2 OF 40 (F)
14	42KM	Aimwata	Ottilie Kaunapawa	03:01:43.59 (4:18)	(43) VETERAN	3 OF 40 (F)
15	42KM	Nxame	Spyker	03:06:18.50 (4:24)	(19) JUNIOR	12 OF 75 (M)
16	42KM	Strydom	Brett	03:06:19.93 (4:24)	(33) OPEN	13 OF 75 (M)
17	42KM	Gabriel	Paulus	03:07:31.00 (4:26)	(28) OPEN	14 OF 75 (M)
18	42KM	Shindambi	Johannes Ns	03:08:06.01 (4:27)	(29) OPEN	15 OF 75 (M)
19	42KM	Goeieman	Albertinus	03:09:38.97 (4:29)	(29) OPEN	16 OF 75 (M)
20	42KM	Hamukwaya	Severus Seven	03:11:22.62 (4:32)	(39) OPEN	17 OF 75 (M)
21	42KM	Ross	Andre	03:13:16.25 (4:34)	(50) MASTER	18 OF 75 (M)
22	42KM	Namweya	Absalom	03:15:40.72 (4:38)	(44) VETERAN	19 OF 75 (M)
23	42KM	Nel	Eldo	03:19:57.39 (4:44)	(39) OPEN	20 OF 75 (M)
24	42KM	Amutoko	Anna	03:20:05.08 (4:44)	(40) VETERAN	4 OF 40 (F)
25	42KM	Amadhila	Jacob Kuume	03:20:52.99 (4:45)	(40) VETERAN	21 OF 75 (M)
26	42KM	Hearlen	Anthony	03:20:57.26 (4:45)	(35) OPEN	22 OF 75 (M)
27	42KM	Ithikwa	Wilbard	03:24:25.35 (4:50)	(45) VETERAN	23 OF 75 (M)
28	42KM	Knott	Harriet	03:24:58.90 (4:51)	(39) OPEN	5 OF 40 (F)
29	42KM	Mandubwa	Fernando	03:26:12.72 (4:53)	(35) OPEN	24 OF 75 (M)
30	42KM	Kanu	Chidi Alex	03:27:40.80 (4:55)	(53) MASTER	25 OF 75 (M)
31	42KM	Amakali	Frans	03:28:03.64 (4:55)	(41) VETERAN	26 OF 75 (M)
32	42KM	Akwenye	Harold Bolla	03:28:07.53 (4:55)	(48) VETERAN	27 OF 75 (M)
33	42KM	Erasmus	Frans	03:30:30.25 (4:59)	(53) MASTER	28 OF 75 (M)
34	42KM	Jeremia	Lemegius	03:33:10.30 (5:03)	(36) OPEN	29 OF 75 (M)
35	42KM	Adriaanse	Lindie	03:35:27.27 (5:06)	(25) OPEN	6 OF 40 (F)
36	42KM	Kamati	Isdor Aluteni	03:38:06.91 (5:10)	(26) OPEN	30 OF 75 (M)
37	42KM	Bronkhorst	Johan	03:38:07.88 (5:10)	(55) MASTER	31 OF 75 (M)
38	42KM	Shaanika	Saltiel	03:40:07.99 (5:12)	(39) OPEN	32 OF 75 (M)
39	42KM	Wahengo	Joas	03:41:31.53 (5:14)	(40) VETERAN	33 OF 75 (M)

MARATHON CHAMPIONSHIPS

Date of event: 11 March 23

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POSITION	EVENT	SURNAME	NAME	TIME & MIN/KM	CATEGORY	GENDER
40	42KM	Ikondja	Peter	03:44:28.50 (5:19)	(39) OPEN	34 OF 75 (M)
41	42KM	Masenge	Lukas	03:45:39.97 (5:20)	(37) OPEN	35 OF 75 (M)
42	42KM	Murwira	Emmanuel	03:45:42.88 (5:20)	(43) VETERAN	36 OF 75 (M)
43	42KM	Kimbini	Milton	03:49:40.31 (5:26)	(45) VETERAN	37 OF 75 (M)
44	42KM	Ndjambula	Kenneth	03:49:50.90 (5:26)	(42) VETERAN	38 OF 75 (M)
45	42KM	Nuuyoma	Nathanael	03:50:22.98 (5:27)	(38) OPEN	39 OF 75 (M)
46	42KM	Keib	Michael	03:51:06.16 (5:28)	(34) OPEN	40 OF 75 (M)
47	42KM	Von Stein	Michelle	03:51:55.17 (5:29)	(39) OPEN	7 OF 40 (F)
48	42KM	Kintscher	Raimund	03:53:04.83 (5:31)	(61) GRAND MASTER	41 OF 75 (M)
49	42KM	Nghiiki	Mwetuvaya	03:53:58.86 (5:32)	(35) OPEN	8 OF 40 (F)
50	42KM	Shingenge	David	03:54:04.69 (5:32)	(40) VETERAN	42 OF 75 (M)
51	42KM	Muhinda	Geoffrey	03:54:47.54 (5:33)	(39) OPEN	43 OF 75 (M)
52	42KM	Greyvenstein	Jacob Japie	03:55:56.24 (5:35)	(47) VETERAN	44 OF 75 (M)
53	42KM	Kahatjipara	Brian Erwin	03:56:47.61 (5:36)	(51) MASTER	45 OF 75 (M)
54	42KM	Fortuin	Claudia	03:56:48.17 (5:36)	(35) OPEN	9 OF 40 (F)
55	42KM	Matheus	Paulus	03:58:39.14 (5:39)	(35) OPEN	46 OF 75 (M)
56	42KM	Kondjamba	Pankratius	03:58:49.09 (5:39)	(40) VETERAN	47 OF 75 (M)
57	42KM	Erlank-scholtz	Shani	03:59:19.97 (5:40)	(52) MASTER	10 OF 40 (F)
58	42KM	Lacock	Hennie	04:00:39.59 (5:42)	(42) VETERAN	48 OF 75 (M)
59	42KM	Shiyuka	Josia	04:04:28.70 (5:47)	(33) OPEN	49 OF 75 (M)
60	42KM	Haludilu	Aron	04:05:35.18 (5:49)	(37) OPEN	50 OF 75 (M)
61	42KM	Wurms	Showan	04:07:17.68 (5:51)	(38) OPEN	51 OF 75 (M)
62	42KM	Sheehama	Joey Johanna	04:08:24.41 (5:53)	(35) OPEN	11 OF 40 (F)
63	42KM	Hoakhaob	Rigen	04:08:39.92 (5:53)	(27) OPEN	52 OF 75 (M)
64	42KM	Angula	Klaudia Kt	04:09:53.11 (5:55)	(39) OPEN	12 OF 40 (F)
65	42KM	Zhang	Yaguang	04:16:55.98 (6:05)	(41) VETERAN	53 OF 75 (M)
66	42KM	De Klerk	Peter-jac	04:17:17.47 (6:05)	(35) OPEN	54 OF 75 (M)
67	42KM	Herma	Achim	04:18:23.43 (6:07)	(66) GRAND MASTER	55 OF 75 (M)
68	42KM	Nambahu	Emilia K	04:18:31.37 (6:07)	(53) MASTER	13 OF 40 (F)
69	42KM	Dreyer	Naude	04:18:42.74 (6:07)	(39) OPEN	56 OF 75 (M)
70	42KM	Adriaanse	Elmarie	04:18:47.80 (6:07)	(53) MASTER	14 OF 40 (F)
71	42KM	Brits	Kirsty	04:18:47.94 (6:07)	(43) VETERAN	15 OF 40 (F)
72	42KM	Steyl	Eliza	04:20:55.92 (6:10)	(43) VETERAN	16 OF 40 (F)
73	42KM	Kauta	Uahoroka	04:24:03.28 (6:15)	(43) VETERAN	57 OF 75 (M)
74	42KM	Moses	Ashipala Alex	04:24:15.60 (6:15)	(43) VETERAN	58 OF 75 (M)
75	42KM	Van Schalkwyk	Willem	04:24:30.64 (6:16)	(47) VETERAN	59 OF 75 (M)
76	42KM	Steenkamp	Quinton	04:24:46.86 (6:16)	(36) OPEN	60 OF 75 (M)
77	42KM	Coetzee	Susara	04:25:08.81 (6:16)	(52) MASTER	17 OF 40 (F)
78	42KM	Mbako	Mariana	04:25:38.09 (6:17)	(43) VETERAN	18 OF 40 (F)
79	42KM	Fourie	Berno	04:25:58.54 (6:18)	(37) OPEN	61 OF 75 (M)
80	42KM	Mukasa	Majory	04:26:06.62 (6:18)	(35) OPEN	19 OF 40 (F)
81	42KM	Kuzeeko	Ujandjua Mercy	04:26:09.39 (6:18)	(39) OPEN	20 OF 40 (F)

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Date of event: 11 March 23

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POSITION	EVENT	SURNAME	NAME	TIME & MIN/KM	CATEGORY	GENDER
82	42KM	Shaanika	Beata	04:26:43.94 (6:19)	(38) OPEN	21 OF 40 (F)
83	42KM	Madhanga	Elizabeth	04:26:49.25 (6:19)	(36) OPEN	22 OF 40 (F)
84	42KM	Shino	Elizabeth	04:27:04.40 (6:19)	(50) MASTER	23 OF 40 (F)
85	42KM	Beukes	Deon Perry	04:27:13.11 (6:19)	(55) MASTER	62 OF 75 (M)
86	42KM	Swarts	Ann	04:29:14.63 (6:22)	(61) GRAND MASTER	24 OF 40 (F)
87	42KM	Greyvenstein	Heidi	04:29:54.39 (6:23)	(48) VETERAN	25 OF 40 (F)
88	42KM	Nuwuseb	Sydney	04:30:46.16 (6:24)	(42) VETERAN	63 OF 75 (M)
89	42KM	Weidemann	Denise	04:32:38.80 (6:27)	(49) VETERAN	26 OF 40 (F)
90	42KM	lifo	Hilma	04:33:14.35 (6:28)	(40) VETERAN	27 OF 40 (F)
91	42KM	Ikela	Sam	04:34:35.00 (6:30)	(43) VETERAN	64 OF 75 (M)
92	42KM	Gossow	Gaby	04:34:42.46 (6:30)	(53) MASTER	28 OF 40 (F)
93	42KM	Beukes	Jermaine	04:35:36.31 (6:31)	(37) OPEN	65 OF 75 (M)
94	42KM	Ruiters	Richardt	04:35:57.49 (6:32)	(35) OPEN	66 OF 75 (M)
95	42KM	Hartung	Lynn	04:36:21.97 (6:32)	(44) VETERAN	29 OF 40 (F)
96	42KM	Dreyer	Katja	04:36:46.18 (6:33)	(43) VETERAN	30 OF 40 (F)
97	42KM	Kittel	Barbara	04:37:46.82 (6:34)	(50) MASTER	31 OF 40 (F)
98	42KM	Singh	Jitendra Pratap	04:38:08.30 (6:35)	(35) OPEN	67 OF 75 (M)
99	42KM	Martin	Sem	04:39:27.51 (6:37)	(38) OPEN	68 OF 75 (M)
100	42KM	Fielding	Frank	04:39:43.08 (6:37)	(60) GRAND MASTER	69 OF 75 (M)
101	42KM	Reid	Richard	04:42:45.64 (6:42)	(52) MASTER	70 OF 75 (M)
102	42KM	Coetzee	Marina	04:43:49.71 (6:43)	(62) GRAND MASTER	32 OF 40 (F)
103	42KM	Nyathi	Keletso	04:43:54.21 (6:43)	(44) VETERAN	71 OF 75 (M)
104	42KM	Kintscher	Susan	04:50:21.17 (6:52)	(55) MASTER	33 OF 40 (F)
105	42KM	Jansen Van	Desiree	04:51:05.99 (6:53)	(37) OPEN	34 OF 40 (F)
106	42KM	Mostert	Jessica	04:51:16.77 (6:54)	(38) OPEN	35 OF 40 (F)
107	42KM	Burger	Fanie	04:52:33.70 (6:55)	(41) VETERAN	72 OF 75 (M)
108	42KM	Absai	Joe	04:55:19.83 (6:59)	(62) GRAND MASTER	73 OF 75 (M)
109	42KM	Ikena	Gabriel	04:57:14.44 (7:02)	(34) OPEN	74 OF 75 (M)
110	42KM	Muller	Izabe	04:57:15.66 (7:02)	(46) VETERAN	36 OF 40 (F)
111	42KM	Van Wyk	Magda	04:57:18.25 (7:02)	(46) VETERAN	37 OF 40 (F)
112	42KM	Uxamb	Brian	05:02:12.07 (7:09)	(38) OPEN	75 OF 75 (M)
113	42KM	Lotsch	Cecilia	05:07:25.76 (7:17)	(53) MASTER	38 OF 40 (F)
114	42KM	Weyers	Tersia	05:07:38.72 (7:17)	(50) MASTER	39 OF 40 (F)
115	42KM	Gwasira	Rachael Sekai	05:13:45.32 (7:26)	(42) VETERAN	40 OF 40 (F)

21KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME & MIN/KM	CATEGORY	GENDER
1	21KM	Shaliawe	Jeremia	01:07:06.13 (3:10)	(34) OPEN	1 OF 112 (M)
2	21KM	Shigwedha	Thomas	01:07:28.01 (3:11)	(27) OPEN	2 OF 112 (M)
3	21KM	Simon	Mathias	01:07:55.23 (3:13)	(21) OPEN	3 OF 112 (M)
4	21KM	Dumeni	Andreas	01:09:05.63 (3:16)	(20) OPEN	4 OF 112 (M)
5	21KM	Koper	Geson	01:11:18.54 (3:22)	(26) OPEN	5 OF 112 (M)

MARATHON CHAMPIONSHIPS

Date of event: 11 March 23

21KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME & MIN/KM	CATEGORY	GENDER
6	21KM	Shigwedha	Nasimane Petrus	01:13:31.15 (3:29)	(28) OPEN	6 OF 112 (M)
7	21KM	Salomo	Jacob	01:18:03.78 (3:41)	(18) JUNIOR	7 OF 112 (M)
8	21KM	Erastus	Jonas	01:18:35.32 (3:43)	(18) JUNIOR	8 OF 112 (M)
9	21KM	Iamace Thomas	Thomas	01:19:12.82 (3:45)	(18) JUNIOR	9 OF 112 (M)
10	21KM	Kalwenya	Martin N	01:19:17.99 (3:45)	(46) VETERAN	10 OF 112 (M)
11	21KM	Haitembu	Nestory	01:20:15.85 (3:48)	(37) OPEN	11 OF 112 (M)
12	21KM	Gawaxab	Venantius	01:20:37.01 (3:49)	(45) VETERAN	12 OF 112 (M)
13	21KM	Matias	Kanisius	01:20:54.81 (3:50)	(47) VETERAN	13 OF 112 (M)
14	21KM	Dominikus	John Sireru	01:21:39.56 (3:52)	(33) OPEN	14 OF 112 (M)
15	21KM	Jason	Johannes	01:21:53.21 (3:52)	(40) VETERAN	15 OF 112 (M)
16	21KM	Naigambo	Beata	01:22:07.35 (3:53)	(43) VETERAN	1 OF 103 (F)
17	21KM	Mutota	Mathias	01:22:27.80 (3:54)	(54) MASTER	16 OF 112 (M)
18	21KM	Linus	Paulus	01:23:55.28 (3:58)	(30) OPEN	17 OF 112 (M)
19	21KM	Iiyambo	Tangimwene	01:23:56.31 (3:58)	(20) OPEN	18 OF 112 (M)
20	21KM	Haitope	Lavinia	01:24:14.06 (3:59)	(33) OPEN	2 OF 103 (F)
21	21KM	Kaliteka	Victoria	01:24:59.53 (4:01)	(25) OPEN	3 OF 103 (F)
22	21KM	Marais	Konrad	01:25:53.09 (4:04)	(30) OPEN	19 OF 112 (M)
23	21KM	Shikongo	Saara	01:28:17.50 (4:11)	(17) JUNIOR	4 OF 103 (F)
24	21KM	Ambunda	Ananias	01:29:00.41 (4:13)	(40) VETERAN	20 OF 112 (M)
25	21KM	Snyders	Ethan	01:29:14.07 (4:13)	(19) JUNIOR	21 OF 112 (M)
26	21KM	Shelikita	Ndahambelela K	01:29:14.22 (4:13)	(37) OPEN	5 OF 103 (F)
27	21KM	Hamwele	Jackson	01:30:25.15 (4:17)	(55) MASTER	22 OF 112 (M)
28	21KM	Eshitile	Sarti	01:31:09.14 (4:19)	(34) OPEN	6 OF 103 (F)
29	21KM	Kamati	Matti	01:31:13.82 (4:19)	(24) OPEN	23 OF 112 (M)
30	21KM	Gaweseb	Nesley	01:31:15.59 (4:19)	(40) VETERAN	24 OF 112 (M)
31	21KM	Markus	Windsor	01:32:39.74 (4:23)	(44) VETERAN	25 OF 112 (M)
32	21KM	Baard	Ferdinand	01:34:43.18 (4:29)	(32) OPEN	26 OF 112 (M)
33	21KM	Prinsloo	Richard	01:36:14.80 (4:33)	(35) OPEN	27 OF 112 (M)
34	21KM	Iipinga	Helena	01:36:42.59 (4:35)	(45) VETERAN	7 OF 103 (F)
35	21KM	Kakede	Tresia Ndilokelwa	01:37:29.32 (4:37)	(18) JUNIOR	8 OF 103 (F)
36	21KM	Mostert	Jan Louis	01:37:32.99 (4:37)	(37) OPEN	28 OF 112 (M)
37	21KM	Justice	Dennis	01:38:13.60 (4:39)	(35) OPEN	29 OF 112 (M)
38	21KM	Shi	Hang	01:38:16.00 (4:39)	(30) OPEN	30 OF 112 (M)
39	21KM	Weyers	Hendrik Louis	01:39:45.21 (4:43)	(58) MASTER	31 OF 112 (M)
40	21KM	Vurayai	Pamela	01:40:43.08 (4:46)	(34) OPEN	9 OF 103 (F)
41	21KM	Rozmus	Kamil	01:41:57.16 (4:49)	(39) OPEN	32 OF 112 (M)
42	21KM	Iyambo	Ndangi Joel	01:42:08.58 (4:50)	(38) OPEN	33 OF 112 (M)
43	21KM	Schonecke	Marion	01:42:42.63 (4:52)	(44) VETERAN	10 OF 103 (F)
44	21KM	Griessel	Gerrit	01:42:53.33 (4:52)	(34) OPEN	34 OF 112 (M)
45	21KM	Snyman	Shane	01:43:04.80 (4:53)	(42) VETERAN	35 OF 112 (M)
46	21KM	Tjonga	Lorenz Thabo	01:44:23.94 (4:56)	(42) VETERAN	36 OF 112 (M)
47	21KM	Shoonyeka	Lukas	01:44:26.03 (4:56)	(44) VETERAN	37 OF 112 (M)

MARATHON CHAMPIONSHIPS

Date of event: 11 March 23

21KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME & MIN/KM	CATEGORY	GENDER
48	21KM	David	Poly	01:45:01.60 (4:58)	(27) OPEN	38 OF 112 (M)
49	21KM	Van Schalkwyk	Phillip	01:45:03.99 (4:58)	(39) OPEN	39 OF 112 (M)
50	21KM	Rall	Jannie	01:45:58.28 (5:01)	(51) MASTER	40 OF 112 (M)
51	21KM	Ricking	Silas	01:46:07.58 (5:01)	(19) JUNIOR	41 OF 112 (M)
52	21KM	Kautondokua	Gerson Tamuti	01:46:29.85 (5:02)	(41) VETERAN	42 OF 112 (M)
53	21KM	Oates	Sonja	01:46:32.04 (5:02)	(49) VETERAN	11 OF 103 (F)
54	21KM	Courtney-clarke	Frances	01:46:41.36 (5:03)	(44) VETERAN	12 OF 103 (F)
55	21KM	Engelbrecht	Basson	01:47:17.44 (5:05)	(23) OPEN	43 OF 112 (M)
56	21KM	Lazarus	Shikesho	01:47:32.72 (5:05)	(32) OPEN	44 OF 112 (M)
57	21KM	Amuthenu	Tangeni	01:48:21.95 (5:08)	(42) VETERAN	45 OF 112 (M)
58	21KM	Chipfupa	Cuthbert	01:49:39.60 (5:11)	(40) VETERAN	46 OF 112 (M)
59	21KM	Campbell	Susana	01:49:59.19 (5:12)	(41) VETERAN	13 OF 103 (F)
60	21KM	Shangadi	Lazarus	01:50:01.12 (5:12)	(41) VETERAN	47 OF 112 (M)
61	21KM	Angula	Ndemufayo	01:50:28.28 (5:14)	(41) VETERAN	14 OF 103 (F)
62	21KM	Laubscher	Nadia	01:50:41.45 (5:14)	(36) OPEN	15 OF 103 (F)
63	21KM	De Vos	Johan	01:50:44.79 (5:14)	(37) OPEN	48 OF 112 (M)
64	21KM	Dresselhaus	Deidre	01:50:53.87 (5:15)	(31) OPEN	16 OF 103 (F)
65	21KM	Kuwa	Matti	01:52:30.91 (5:19)	(38) OPEN	49 OF 112 (M)
66	21KM	Iiyambo	Wilhelm	01:52:53.26 (5:21)	(44) VETERAN	50 OF 112 (M)
67	21KM	Uutako	Paavo	01:52:55.43 (5:21)	(33) OPEN	51 OF 112 (M)
68	21KM	Pelser	Ernest	01:52:55.51 (5:21)	(32) OPEN	52 OF 112 (M)
69	21KM	Iipumbu	Silas	01:53:15.00 (5:22)	(34) OPEN	53 OF 112 (M)
70	21KM	Geiriseb	Alwyn	01:53:33.02 (5:22)	(35) OPEN	54 OF 112 (M)
71	21KM	Adriaanse	Mandie	01:53:37.12 (5:23)	(23) OPEN	17 OF 103 (F)
72	21KM	Britz	Eli	01:53:38.92 (5:23)	(18) JUNIOR	55 OF 112 (M)
73	21KM	Van Rooyen	Allistiar	01:53:47.61 (5:23)	(40) VETERAN	56 OF 112 (M)
74	21KM	Nakanyala	Tuli	01:53:52.80 (5:23)	(40) VETERAN	57 OF 112 (M)
75	21KM	Petrus	Ketililo	01:54:02.94 (5:24)	(27) OPEN	18 OF 103 (F)
76	21KM	Nderecha	Kudzai John	01:54:21.29 (5:25)	(42) VETERAN	58 OF 112 (M)
77	21KM	Johannes	Israel Issy	01:54:54.74 (5:26)	(39) OPEN	59 OF 112 (M)
78	21KM	Gontes	Sieglinde	01:54:57.97 (5:26)	(54) MASTER	19 OF 103 (F)
79	21KM	Bruwer	Iwanette	01:55:04.40 (5:27)	(35) OPEN	20 OF 103 (F)
80	21KM	Rijnen	Hileni	01:55:29.73 (5:28)	(43) VETERAN	21 OF 103 (F)
81	21KM	Van Niekerk	Tiaan	01:56:06.15 (5:30)	(42) VETERAN	60 OF 112 (M)
82	21KM	Mahongo	Fabianus	01:56:29.03 (5:31)	(39) OPEN	61 OF 112 (M)
83	21KM	Lochner	Ando	01:56:50.72 (5:32)	(40) VETERAN	22 OF 103 (F)
84	21KM	Mostert	Divan	01:56:52.10 (5:32)	(42) VETERAN	62 OF 112 (M)
85	21KM	Pienaar	Schalk	01:56:53.57 (5:32)	(36) OPEN	63 OF 112 (M)
86	21KM	Mabakeng	Mwilima	01:57:14.45 (5:33)	(43) VETERAN	64 OF 112 (M)
87	21KM	Volschenk	Natascha	01:57:33.74 (5:34)	(29) OPEN	23 OF 103 (F)
88	21KM	Mertens	Willy	01:57:37.76 (5:34)	(47) VETERAN	65 OF 112 (M)
89	21KM	Mouton	Charlton	01:57:51.88 (5:35)	(39) OPEN	66 OF 112 (M)

MARATHON CHAMPIONSHIPS

Date of event: 11 March 23

21KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME & MIN/KM	CATEGORY	GENDER
90	21KM	Haupt	Christine	01:58:11.34 (5:36)	(59) MASTER	24 OF 103 (F)
91	21KM	Minnaar	Carpio	01:58:17.21 (5:36)	(36) OPEN	67 OF 112 (M)
92	21KM	Kashe	Fessy	01:58:56.22 (5:38)	(40) VETERAN	68 OF 112 (M)
93	21KM	Kreiner	Anja	01:59:10.05 (5:38)	(54) MASTER	25 OF 103 (F)
94	21KM	Hei	Salomo	01:59:31.41 (5:39)	(43) VETERAN	69 OF 112 (M)
95	21KM	Van Niekerk	Hugo	01:59:32.83 (5:39)	(39) OPEN	70 OF 112 (M)
96	21KM	Honiball	Melanie	02:00:02.26 (5:41)	(39) OPEN	26 OF 103 (F)
97	21KM	Swartz	Bernadette	02:00:36.27 (5:42)	(42) VETERAN	27 OF 103 (F)
98	21KM	Jansen	Jauque	02:01:06.67 (5:44)	(43) VETERAN	71 OF 112 (M)
99	21KM	Markus	Hedwig	02:01:24.33 (5:45)	(35) OPEN	28 OF 103 (F)
100	21KM	Shangadi	Johannes	02:01:35.34 (5:45)	(29) OPEN	72 OF 112 (M)
101	21KM	De Waal	Barend	02:02:25.70 (5:48)	(48) VETERAN	73 OF 112 (M)
102	21KM	Nghiyolwa	Fredrich	02:02:40.25 (5:48)	(41) VETERAN	74 OF 112 (M)
103	21KM	Muvi-tjikalepo	Heinrich Muatala	02:02:48.16 (5:49)	(44) VETERAN	75 OF 112 (M)
104	21KM	Goodheart	Callyn Kay	02:02:59.40 (5:49)	(26) OPEN	29 OF 103 (F)
105	21KM	Mupupa	Lucas	02:03:02.23 (5:49)	(37) OPEN	76 OF 112 (M)
106	21KM	Hatuikulipi	Gavin	02:03:25.53 (5:50)	(29) OPEN	77 OF 112 (M)
107	21KM	Haludilu	James	02:03:46.69 (5:51)	(35) OPEN	78 OF 112 (M)
108	21KM	Van Den Heever	Sonja	02:03:55.95 (5:52)	(30) OPEN	30 OF 103 (F)
109	21KM	Kotze	Nolene	02:04:00.12 (5:52)	(38) OPEN	31 OF 103 (F)
110	21KM	Malan	Francois Jacques	02:04:11.20 (5:53)	(35) OPEN	79 OF 112 (M)
111	21KM	Gottlieb	Alfeus	02:04:32.36 (5:54)	(30) OPEN	80 OF 112 (M)
112	21KM	Alpers	Greta-marié	02:05:03.90 (5:55)	(54) MASTER	32 OF 103 (F)
113	21KM	Hornickel	Ruth	02:05:04.80 (5:55)	(36) OPEN	33 OF 103 (F)
114	21KM	Bezuidenhout	Elizabeth	02:05:12.33 (5:56)	(38) OPEN	34 OF 103 (F)
115	21KM	Idiou	Yvette	02:05:19.47 (5:56)	(39) OPEN	35 OF 103 (F)
116	21KM	Idiou	Samir	02:06:00.33 (5:58)	(47) VETERAN	81 OF 112 (M)
117	21KM	Haufiku	Fabian	02:06:11.69 (5:58)	(56) MASTER	82 OF 112 (M)
118	21KM	Amupolo	Fredrika	02:06:25.46 (5:59)	(30) OPEN	36 OF 103 (F)
119	21KM	Pienaar	Deon	02:06:45.73 (6:00)	(28) OPEN	83 OF 112 (M)
120	21KM	Nauwela	Elijah	02:06:52.27 (6:00)	(36) OPEN	84 OF 112 (M)
121	21KM	Reyneke	Jaco	02:07:06.54 (6:01)	(35) OPEN	85 OF 112 (M)
122	21KM	Kisting	Denver	02:07:27.00 (6:02)	(40) VETERAN	86 OF 112 (M)
123	21KM	Kiimba	Alma	02:07:46.42 (6:03)	(32) OPEN	37 OF 103 (F)
124	21KM	Akweenda	Alma	02:08:02.53 (6:04)	(32) OPEN	38 OF 103 (F)
125	21KM	Ndivaye	Wilson	02:08:38.57 (6:05)	(38) OPEN	87 OF 112 (M)
126	21KM	Nesongano	Mufaro	02:09:12.55 (6:07)	(37) OPEN	88 OF 112 (M)
127	21KM	Nahum	Filemon	02:09:16.15 (6:07)	(39) OPEN	89 OF 112 (M)
128	21KM	Booth	Anja	02:09:25.46 (6:08)	(37) OPEN	39 OF 103 (F)
129	21KM	Amweenye	Theopolina	02:09:28.06 (6:08)	(30) OPEN	40 OF 103 (F)
130	21KM	Maass	Alwyn	02:09:59.48 (6:09)	(39) OPEN	90 OF 112 (M)
131	21KM	Uxamb	Ally	02:10:07.34 (6:10)	(35) OPEN	41 OF 103 (F)

MARATHON CHAMPIONSHIPS

Date of event: 11 March 23

21KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME & MIN/KM	CATEGORY	GENDER
132	21KM	Shitumbapo	Linda	02:11:08.57 (6:12)	(31) OPEN	42 OF 103 (F)
133	21KM	Eloff	Karin	02:11:26.47 (6:13)	(49) VETERAN	43 OF 103 (F)
134	21KM	Amoonga	Sacky	02:11:28.47 (6:13)	(35) OPEN	91 OF 112 (M)
135	21KM	Scholtz	Riana	02:12:14.33 (6:16)	(44) VETERAN	44 OF 103 (F)
136	21KM	Katjindee	Mbamanovandu	02:12:19.90 (6:16)	(38) OPEN	92 OF 112 (M)
137	21KM	Amutenya	Florian	02:12:28.96 (6:16)	(34) OPEN	93 OF 112 (M)
138	21KM	Van Niekerk	Martinette	02:12:31.24 (6:16)	(54) MASTER	45 OF 103 (F)
139	21KM	Oosthuysen	Sone	02:13:27.08 (6:19)	(31) OPEN	46 OF 103 (F)
140	21KM	Blaauw	Juliana	02:13:32.45 (6:19)	(70) GRAND MASTER	47 OF 103 (F)
141	21KM	De Villiers	Karien	02:14:56.63 (6:23)	(30) OPEN	48 OF 103 (F)
142	21KM	Ekanjjo	Shali Nevermind	02:15:01.57 (6:23)	(45) VETERAN	94 OF 112 (M)
143	21KM	Landers	Louise	02:15:05.72 (6:24)	(59) MASTER	49 OF 103 (F)
144	21KM	Shikonekeni	Elizabeth	02:15:21.29 (6:24)	(24) OPEN	50 OF 103 (F)
145	21KM	Hollick	Brigitte	02:15:28.33 (6:25)	(54) MASTER	51 OF 103 (F)
146	21KM	Badenhorst	Adri	02:16:52.59 (6:29)	(26) OPEN	52 OF 103 (F)
147	21KM	Shikesho	Celine	02:17:40.82 (6:31)	(38) OPEN	53 OF 103 (F)
148	21KM	Gentz	Fezell	02:17:45.40 (6:31)	(31) OPEN	54 OF 103 (F)
149	21KM	Topulathana	Sirie	02:17:58.41 (6:32)	(36) OPEN	55 OF 103 (F)
150	21KM	Penduka	Moses Farai	02:18:49.11 (6:34)	(41) VETERAN	95 OF 112 (M)
151	21KM	Matomola	Lisa	02:19:02.48 (6:35)	(35) OPEN	56 OF 103 (F)
152	21KM	Joosten	Axzonel	02:19:36.55 (6:36)	(30) OPEN	57 OF 103 (F)
153	21KM	Simon	Nelmarie	02:19:39.38 (6:37)	(39) OPEN	58 OF 103 (F)
154	21KM	Kanu	Rauna	02:21:05.16 (6:41)	(45) VETERAN	59 OF 103 (F)
155	21KM	Shipena	Ndapandula	02:21:09.29 (6:41)	(36) OPEN	60 OF 103 (F)
156	21KM	Britz	Conville	02:21:13.34 (6:41)	(51) MASTER	96 OF 112 (M)
157	21KM	Jankowski	Ingrid	02:21:14.54 (6:41)	(40) VETERAN	61 OF 103 (F)
158	21KM	Jankowski	Maurice	02:21:16.03 (6:41)	(39) OPEN	97 OF 112 (M)
159	21KM	Shikongo	Laurentius lipinge	02:21:42.70 (6:42)	(34) OPEN	98 OF 112 (M)
160	21KM	Penduka	Annaloice	02:21:54.53 (6:43)	(38) OPEN	62 OF 103 (F)
161	21KM	Pienaar	Marlisa	02:21:59.11 (6:43)	(27) OPEN	63 OF 103 (F)
162	21KM	Murerwa	Winnet	02:22:28.57 (6:45)	(42) VETERAN	64 OF 103 (F)
163	21KM	Nangolo	Mirjam Sylvi	02:22:48.90 (6:46)	(33) OPEN	65 OF 103 (F)
164	21KM	Shapua	Saara	02:23:53.89 (6:49)	(38) OPEN	66 OF 103 (F)
165	21KM	Nghifindaka	Maria	02:23:58.09 (6:49)	(35) OPEN	67 OF 103 (F)
166	21KM	Ngaringombe	Rachel	02:24:47.69 (6:51)	(34) OPEN	68 OF 103 (F)
167	21KM	Roberts	Eamon	02:24:53.90 (6:52)	(36) OPEN	99 OF 112 (M)
168	21KM	Fortuin	David	02:24:55.45 (6:52)	(39) OPEN	100 OF 112
169	21KM	Gomes	Carlos Edgar	02:25:00.56 (6:52)	(40) VETERAN	101 OF 112
170	21KM	Kandjii	Cameron	02:25:01.69 (6:52)	(40) VETERAN	102 OF 112
171	21KM	Maggott	James W	02:25:27.88 (6:53)	(57) MASTER	103 OF 112
172	21KM	Landers	Johan	02:25:56.79 (6:55)	(61) GRAND MASTER	104 OF 112
173	21KM	Cruys	Eugene	02:25:57.93 (6:55)	(49) VETERAN	105 OF 112

MARATHON CHAMPIONSHIPS

Date of event: 11 March 23

21KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME & MIN/KM	CATEGORY	GENDER
174	21KM	Mwaetako	Ipawa	02:27:14.97 (6:58)	(44) VETERAN	69 OF 103 (F)
175	21KM	Angula	Ndahafa	02:27:17.28 (6:58)	(42) VETERAN	70 OF 103 (F)
176	21KM	Van Schalkwyk	Christel	02:27:19.07 (6:58)	(37) OPEN	71 OF 103 (F)
177	21KM	Mitchell	Christine M.	02:27:38.67 (6:59)	(59) MASTER	72 OF 103 (F)
178	21KM	Iiyambo	Eliaser	02:27:48.19 (7:00)	(36) OPEN	106 OF 112
179	21KM	Van Der Westhuizen	Pieter	02:28:00.73 (7:00)	(53) MASTER	107 OF 112
180	21KM	Wilson	Michelle	02:28:03.68 (7:01)	(46) VETERAN	73 OF 103 (F)
181	21KM	Brown	Louise	02:30:05.27 (7:06)	(37) OPEN	74 OF 103 (F)
182	21KM	Kangueehi	Coco N	02:30:09.46 (7:06)	(40) VETERAN	75 OF 103 (F)
183	21KM	Nowases	Clementine	02:30:32.14 (7:08)	(34) OPEN	76 OF 103 (F)
184	21KM	Kuwa	Ndinelago	02:30:36.27 (7:08)	(33) OPEN	77 OF 103 (F)
185	21KM	Kaisi	Kelvin	02:31:06.71 (7:09)	(41) VETERAN	108 OF 112
186	21KM	Smit	Michannette	02:31:32.07 (7:10)	(32) OPEN	78 OF 103 (F)
187	21KM	Smit	Pauline	02:31:34.67 (7:11)	(32) OPEN	79 OF 103 (F)
188	21KM	Carstens	Gerhard	02:32:13.25 (7:12)	(51) MASTER	109 OF 112
189	21KM	Ingo	Mirjam	02:33:10.22 (7:15)	(25) OPEN	80 OF 103 (F)
190	21KM	Masilo	Sirkka Nelago	02:34:27.50 (7:19)	(50) MASTER	81 OF 103 (F)
191	21KM	Tjipuka	Operi	02:34:52.10 (7:20)	(38) OPEN	82 OF 103 (F)
192	21KM	Greeff	Yvette	02:35:03.87 (7:20)	(55) MASTER	83 OF 103 (F)
193	21KM	Itana	Helen	02:35:36.50 (7:22)	(27) OPEN	84 OF 103 (F)
194	21KM	Blignaut	Frieda	02:36:13.72 (7:24)	(72) GRAND MASTER	85 OF 103 (F)
195	21KM	Van Niekerk	Liezel	02:36:53.29 (7:26)	(39) OPEN	86 OF 103 (F)
196	21KM	Tshomokuti	Gideon	02:37:06.42 (7:26)	(31) OPEN	110 OF 112
197	21KM	Nashandi	Hilde Liisa	02:38:22.46 (7:30)	(49) VETERAN	87 OF 103 (F)
198	21KM	Shinana	Antonia	02:39:28.53 (7:33)	(33) OPEN	88 OF 103 (F)
199	21KM	Hendricks	Mildred	02:40:19.24 (7:35)	(53) MASTER	89 OF 103 (F)
200	21KM	Veico	Helena	02:42:06.66 (7:40)	(44) VETERAN	90 OF 103 (F)
201	21KM	Tjipitua	Nangosora Ashley	02:42:12.48 (7:41)	(36) OPEN	91 OF 103 (F)
202	21KM	Bruwer	Robin	02:42:13.47 (7:41)	(38) OPEN	111 OF 112
203	21KM	Ochs	Ewald	02:42:26.30 (7:41)	(66) GRAND MASTER	112 OF 112
204	21KM	Ileka	Christophina	02:44:01.04 (7:46)	(32) OPEN	92 OF 103 (F)
205	21KM	Umana	Sylvia Patricia	02:44:25.29 (7:47)	(32) OPEN	93 OF 103 (F)
206	21KM	Haipinge	Rebecca	02:45:44.79 (7:51)	(41) VETERAN	94 OF 103 (F)
207	21KM	Kandombo	Charmaine	02:47:19.77 (7:55)	(32) OPEN	95 OF 103 (F)
208	21KM	Beukes	Natalie	02:47:32.87 (7:56)	(48) VETERAN	96 OF 103 (F)
209	21KM	Van Zyl	Amanda	02:49:41.30 (8:02)	(22) OPEN	97 OF 103 (F)
210	21KM	Mupupa	Nadia	02:49:54.60 (8:03)	(35) OPEN	98 OF 103 (F)
211	21KM	Shoopala	Helena	02:51:11.75 (8:06)	(41) VETERAN	99 OF 103 (F)
212	21KM	Shaanika	Ndawedapo	02:54:47.52 (8:17)	(42) VETERAN	100 OF 103 (F)
213	21KM	Paulus	Padelia	03:00:57.34 (8:34)	(35) OPEN	101 OF 103 (F)
214	21KM	Uuyuni	Magdalena Maggy	03:05:54.24 (8:48)	(45) VETERAN	102 OF 103 (F)
215	21KM	Namene	Suru	03:06:24.31 (8:50)	(44) VETERAN	103 OF 103 (F)

MARATHON CHAMPIONSHIPS

Date of event: 11 March 23

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POSITION	EVENT	SURNAME	NAME	TIME & MIN/KM	CATEGORY	GENDER
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