

MARATHON CHAMPIONSHIPS

Date of event: 08 February 20

ROSSING

SWAKOP STRIDERS

CATEGORIES

08 February 20

42KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
1	42KM	Nambahu	Emilia	04:02:38.49	(50) MASTER	POS 9 OF 31 (F)
2	42KM	Coetzee	Marina	04:08:32.21	(59) MASTER	POS 10 OF 31 (F)
3	42KM	Swarts	Ann	04:28:05.19	(58) MASTER	POS 18 OF 31 (F)
4	42KM	Lotsch	Cecilia	04:35:51.62	(50) MASTER	POS 22 OF 31 (F)
5	42KM	Ndjoonduezu	Sandra	05:06:27.48	(50) MASTER	POS 29 OF 31 (F)

42KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
1	42KM	Armas	Alina	02:41:02.43	(36) OPEN	POS 1 OF 31 (F)
2	42KM	Amutoko	Anna	02:44:21.91	(37) OPEN	POS 2 OF 31 (F)
3	42KM	Ekanjo	Leena	02:56:53.19	(29) OPEN	POS 3 OF 31 (F)
4	42KM	Dreyer	Risa	02:58:12.41	(31) OPEN	POS 4 OF 31 (F)
5	42KM	Adriaanse	Lindie	03:49:44.17	(22) OPEN	POS 7 OF 31 (F)
6	42KM	Lochner	Ando	04:16:44.52	(37) OPEN	POS 11 OF 31 (F)
7	42KM	Kruger	Lieze	04:18:23.02	(30) OPEN	POS 13 OF 31 (F)
8	42KM	Johnson	Rachel	04:22:31.36	(37) OPEN	POS 16 OF 31 (F)
9	42KM	Raad	Carola	04:22:31.80	(37) OPEN	POS 17 OF 31 (F)
10	42KM	Cloete	Vincia	04:34:03.84	(37) OPEN	POS 21 OF 31 (F)

42KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
1	42KM	Aimwata	Ottillie Kaunapawa	02:58:53.22	(40) VETERAN	POS 5 OF 31 (F)
2	42KM	Akukothela	Rakela	03:37:58.36	(42) VETERAN	POS 6 OF 31 (F)
3	42KM	Brits	Kirsty	03:53:34.37	(40) VETERAN	POS 8 OF 31 (F)
4	42KM	Shino	Elizabeth	04:17:28.55	(47) VETERAN	POS 12 OF 31 (F)
5	42KM	Kittel	Barbara	04:20:21.20	(46) VETERAN	POS 14 OF 31 (F)
6	42KM	Muller	Izabe	04:21:53.52	(43) VETERAN	POS 15 OF 31 (F)
7	42KM	Tjitemisa	Nonnie	04:29:34.37	(48) VETERAN	POS 19 OF 31 (F)
8	42KM	Shiimi Asmundsson	Magano Katrina	04:32:43.75	(48) VETERAN	POS 20 OF 31 (F)
9	42KM	Hartung-january	Lynn	04:38:19.36	(41) VETERAN	POS 25 OF 31 (F)
10	42KM	Mertens	Celeste	05:06:09.81	(41) VETERAN	POS 28 OF 31 (F)

21KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
1	21KM	Schrader	Alet	02:07:26.15	(60) GRAND MASTER	POS 39 OF 75 (F)
2	21KM	Blaauw	Juliana	02:08:27.83	(67) GRAND MASTER	POS 40 OF 75 (F)
3	21KM	Nel	Maria	02:38:10.60	(68) GRAND MASTER	POS 69 OF 75 (F)

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21KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
1	21KM	De Koning	Marisja	02:21:13.07	(19) JUNIOR	POS 59 OF 75 (F)

21KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
1	21KM	Haupt	Christine	01:50:13.99	(56) MASTER	POS 17 OF 75 (F)
2	21KM	Talbot	Magda	02:02:36.54	(52) MASTER	POS 32 OF 75 (F)
3	21KM	Etsebeth	Annemarie	02:08:33.59	(53) MASTER	POS 41 OF 75 (F)
4	21KM	Van Niekerk	Martinette	02:08:34.40	(51) MASTER	POS 42 OF 75 (F)
5	21KM	Van Der Merwe	Marita	02:09:56.09	(59) MASTER	POS 45 OF 75 (F)
6	21KM	Greeff	Yvette	02:15:13.53	(52) MASTER	POS 51 OF 75 (F)
7	21KM	Hendricks	Mildred	02:25:06.03	(50) MASTER	POS 63 OF 75 (F)

21KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
1	21KM	Haitope	Lavinia	01:12:48.55	(29) OPEN	POS 1 OF 75 (F)
2	21KM	Felistus	Chitoshi	01:16:43.72	(23) OPEN	POS 2 OF 75 (F)
3	21KM	Spangenberg	Nicole	01:25:23.87	(36) OPEN	POS 4 OF 75 (F)
4	21KM	Haitope	Ester	01:27:12.47	(29) OPEN	POS 5 OF 75 (F)
5	21KM	Van Graan	Louise	01:30:35.62	(36) OPEN	POS 6 OF 75 (F)
6	21KM	Breed	Louise	01:33:42.70	(35) OPEN	POS 7 OF 75 (F)
7	21KM	Du Preez	Iwanette	01:41:06.80	(32) OPEN	POS 8 OF 75 (F)
8	21KM	Pretorius	Jo-andri	01:44:26.77	(27) OPEN	POS 9 OF 75 (F)
9	21KM	Mukupuki	Winnie	01:45:17.81	(32) OPEN	POS 10 OF 75 (F)
10	21KM	Viviers	Michelle	01:45:50.01	(30) OPEN	POS 11 OF 75 (F)

21KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
1	21KM	lipinge	Helena	01:21:12.79	(42) VETERAN	POS 3 OF 75 (F)
2	21KM	Weyers	Tersia	01:58:51.09	(47) VETERAN	POS 26 OF 75 (F)
3	21KM	Brits	Janie	02:02:12.06	(47) VETERAN	POS 31 OF 75 (F)
4	21KM	Bailey	Estelle	02:09:54.98	(49) VETERAN	POS 44 OF 75 (F)
5	21KM	Baker-monteforte	Nancy	02:13:12.52	(49) VETERAN	POS 48 OF 75 (F)
6	21KM	Roets	Annemarie	02:17:37.68	(48) VETERAN	POS 53 OF 75 (F)
7	21KM	Berdnikova	Svetlana	02:17:43.25	(49) VETERAN	POS 54 OF 75 (F)
8	21KM	Kanu	Rauna	02:18:12.32	(42) VETERAN	POS 56 OF 75 (F)
9	21KM	Dias	Monica	02:20:40.11	(42) VETERAN	POS 58 OF 75 (F)
10	21KM	Coraizin	Jenny	02:40:48.15	(45) VETERAN	POS 71 OF 75 (F)

10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
1	10KM	Martins	Annemarie	01:01:15.75	(60) GRAND MASTER	POS 34 OF 169 (F)

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10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
2	10KM	Fourie	Antonette	01:02:46.33	(67) GRAND MASTER	POS 40 OF 169 (F)
3	10KM	Beck	Barbara	01:05:58.02	(64) GRAND MASTER	POS 59 OF 169 (F)
4	10KM	Volkman	Anja	01:06:16.73	(61) GRAND MASTER	POS 61 OF 169 (F)
5	10KM	Gordon	Susan	01:18:0.00	(65) GRAND MASTER	POS 121 OF 169 (F)
6	10KM	Van Niekerk	Wilma	01:43:08.96	(65) GRAND MASTER	POS 166 OF 169 (F)

10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
1	10KM	Handjengo	Zanelle	01:11:46.40	(16) JUNIOR	POS 88 OF 169 (F)
2	10KM	Handjengo	Zeina	01:16:14.48	(14) JUNIOR	POS 109 OF 169 (F)
3	10KM	Nangolo	Faizah	01:17:38.36	(13) JUNIOR	POS 119 OF 169 (F)
4	10KM	Semba	Abigail	01:30:46.32	(19) JUNIOR	POS 155 OF 169 (F)
5	10KM	Junius	Taliyah	01:40:14.83	(10) JUNIOR	POS 162 OF 169 (F)

10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
1	10KM	Ochse	Gerda	00:50:51.31	(51) MASTER	POS 8 OF 169 (F)
2	10KM	Smit	Sugnet	00:54:53.16	(56) MASTER	POS 16 OF 169 (F)
3	10KM	Burd	Ulla	00:56:09.29	(56) MASTER	POS 19 OF 169 (F)
4	10KM	Gruhn	Caroline	00:58:34.28	(50) MASTER	POS 23 OF 169 (F)
5	10KM	Van Niekerk	Juanita	00:58:34.86	(53) MASTER	POS 24 OF 169 (F)
6	10KM	Labuschagne	Susanna	01:02:58.97	(52) MASTER	POS 43 OF 169 (F)
7	10KM	Hollick	Brigitte	01:03:01.86	(51) MASTER	POS 45 OF 169 (F)
8	10KM	Landers	Louise	01:04:36.04	(56) MASTER	POS 54 OF 169 (F)
9	10KM	Meintjes	Christine	01:04:56.32	(58) MASTER	POS 55 OF 169 (F)
10	10KM	Venter	Tersia	01:06:03.30	(51) MASTER	POS 60 OF 169 (F)

10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
1	10KM	Shilongo	Shiivomwene	00:36:07.95	(24) OPEN	POS 1 OF 169 (F)
2	10KM	Mweshamekange	Indileni	00:36:56.42	(27) OPEN	POS 2 OF 169 (F)
3	10KM	Kunda	Christabel	00:41:14.57	(24) OPEN	POS 3 OF 169 (F)
4	10KM	Shelikita	Ndahambelela	00:44:17.26	(34) OPEN	POS 4 OF 169 (F)
5	10KM	Shiweda	Ndinelao	00:44:40.70	(28) OPEN	POS 5 OF 169 (F)
6	10KM	De Wet	Rechia	00:47:31.23	(36) OPEN	POS 6 OF 169 (F)
7	10KM	Angula	Ndemufayo	00:52:28.09	(38) OPEN	POS 10 OF 169 (F)
8	10KM	Lensing	Arina	00:52:30.09	(32) OPEN	POS 11 OF 169 (F)
9	10KM	Lewies	Zarika	00:53:17.77	(37) OPEN	POS 12 OF 169 (F)
10	10KM	De Tavernier	Camille	00:53:30.20	(38) OPEN	POS 13 OF 169 (F)

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1	10KM	Courtney-clarke	Frances	00:48:18.75	(41) VETERAN	POS 7 OF 169 (F)
2	10KM	Iiyambo	Eveline	00:52:07.89	(41) VETERAN	POS 9 OF 169 (F)
3	10KM	O'callaghan	Corne	00:59:41.90	(40) VETERAN	POS 28 OF 169 (F)
4	10KM	Herselman	Corne Winette	01:00:07.90	(45) VETERAN	POS 32 OF 169 (F)
5	10KM	De Jager	Deidry	01:00:10.07	(43) VETERAN	POS 33 OF 169 (F)
6	10KM	Hoffmann	Tanja	01:01:26.43	(44) VETERAN	POS 35 OF 169 (F)
7	10KM	Lintvelt	Elzabe	01:02:37.82	(46) VETERAN	POS 39 OF 169 (F)
8	10KM	Nell	Sharon	01:02:59.94	(42) VETERAN	POS 44 OF 169 (F)
9	10KM	Mbako	Mariana	01:03:44.24	(40) VETERAN	POS 49 OF 169 (F)
10	10KM	Kinnaird	Yvette	01:06:51.52	(41) VETERAN	POS 66 OF 169 (F)