UIVE WELL BE WELL

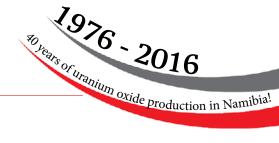
RÖSSING MARATHON NATIONAL CHAMPIONSHIP

Entry form:

- •5km Fun Walk
- •10km Uranium Relay

<u>UIVE WELL</u> 1991 - 2016

Rössing Marathon **25 Years** of celebrating healthy lifestyles!





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10km URANIUM RELAY - (Starting time: 7:00) 5km FUN WALK - (Starting time: 9:00)

COMPANY			NAME/S	
TEAM NAME				
CAPTAIN				
CONTACT NO				
TEAM MEMBERS	1. Start (1 st leg):	3. Second handover (3 rd leg):	TEAM NAME	(IF ANY)
	2. First handover (2 nd leg):	4. Third handover (4 th leg):	TELEPHONE	
			EMAIL	
ENTRY FEE:	N\$80 per team of four runners Friday (12 Feb) 18:00 - 21:00 & Saturday (13 Feb) 5:00 - 6:00 Vineta Central Sports Fields		DATE OF BIRTH	
REGISTRATION: VENUE:			ADDITIONAL DONATION TO THE CANCER ASSOCIATION OF NAMIBIA (OPTIONAL)	N\$
10km URANIUM RELAY FORMAT:				
This event is open to Rössing Uranium & Erongo uranium company employees & contractors only. All proceeds from entries for this event are donated to the Cancer Association of Namibia in the fight against cancer.		ENTRY FEE: REGISTRATION: VENUE:	N\$10 per walker Saturday (13 Feb) 7:30 - 8:45. Vineta Central Sports Fields	
A team of four runners can be entered in the event. The time of the runner finishing at the Swakopmund athletics stadium will be taken for the final placing of each team.			FUN PRIZE-GIVING CEREMONY (10:00)	
			 Best themed/most original costume Funniest hat Youngest walker (excluding toddlers in prams & pets) Oldest walker Tallest walker Cutest pet walker 	
Participating teams are responsible for transporting team members to the respective handover points before the race starts! One runner at the starting point, two runners at the 2.5km/7.5km mark and one runner at the 5km mark on the same route as the marathon. The hand-over points are marked along the Henties Bay road.				